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Monthly Bulletin of Rotary Club of Baroda Sayajinagari

PEACE AND CONFLICT PREVENTIO RESOLUTIO MONTH Peace is a daily, a weekly, a monthly process, gradually changing opinions, slowly eroding old barriers, quietly building new structures. Rotary John F. Kennedy

Issue 09 March 2025

RCBS TEAM 2024-25



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Rtn. Bhargav Bhatt

District Global Grant Chair and District Rotary Means Business Mentor

P.P. Rtn. Chetan Dedhia

President's Message

Dear Rotarians,

As we step into March, we celebrate not just the arrival of spring but also the vibrant festival of Holi, a time of colors, unity, and joy. Holi reminds us of the power of togetherness, the spirit of renewal, and the beauty of spreading happiness. Much like our Rotary initiatives, this festival symbolizes inclusivity, compassion, and the positive change we strive to bring to our communities.

This month, let us reflect on the incredible impact we have made through our projects. Whether it was extending a helping hand to those in need, championing important causes, or fostering a spirit of camaraderie among members, our collective efforts continue to define the essence of Rotary. Our work is more than just service; it is about touching lives, bringing smiles, and inspiring hope.



Rtn. Hitesh Mali President Rotary Club of Baroda Sayajinagari

Editor's Note

Dear fellow Rotarians,

Holi is a reminder that true joy lies in sharing happiness with others, just as Rotary's mission is rooted in service beyond ourselves. March brings an opportunity not just to celebrate, but to renew our commitment to making a difference. Each initiative we undertake—big or small—adds color to the lives of those we touch. Let us continue to embrace the spirit of service, work together with enthusiasm, and strengthen the bonds that make our Rotary family special.

As we move ahead, let's keep the momentum alive, embracing every opportunity to make a difference. Your unwavering commitment and support are what make our club strong and our service impactful. Let's continue to serve, inspire, and grow—because Rotary means action!

Wishing you all a joyous and colorful Holi!

Best Regards,
Ann. Charmi Shah
Bulletin Editor
Rotary Club of Baroda Sayajinagari

HUMF

5th February 2025

Rotary Club of Baroda Sayajinagari (RCBS) successfully executed its permanent project, HUMF, at the GMERS Hospital Maternity Ward.

As part of this initiative, health foods and sanitary napkins were distributed to new mothers, ensuring their well-being and hygiene during the postpartum period. Additionally, needy mothers were provided with maternity gowns, generously sponsored by Rtn. Seema.

The project was made possible through the support of Mr. Nanavati, who sponsored the initiative, and Rtn. Sanyogita, who contributed sanitary napkins. With a focus on maternal health and hygiene, RCBS continues its commitment to serving the community through impactful and meaningful initiatives.





MENSTRUAL HEALTH AND HYGIENE AWARENESS PROGRAM

Under the project "Let's Talk Periods", Rotary Club of Baroda Sayajinagari, in association with P&G, is actively working to raise awareness about menstrual health and hygiene.

As part of this initiative, an informative short film is screened for young girls, followed by an interactive Q&A session to address their concerns. Additionally, free sanitary napkin samples are distributed, along with a detailed guide on their proper usage and disposal.

Sessions were conducted at the following schools:

Pramukh Swami Maharaj Prathmik Shala Girls - 11



MENSTRUAL HEALTH AND HYGIENE AWARENESS PROGRAM

• Chanakya prathmik shala Girls - 71



• Pujya Dogregi Maharaj Prathmik shala Girls -51





WORKBOOK DISTRIBUTION

26th February 2025

As part of a district project, RC Baroda Sayajinagari took a significant step toward strengthening foundational learning by distributing 200 basic workbooks like "Sankhya Lekhan" and "Varna Parichay" to Gujarati medium students.

These workbooks were distributed in the bastis of Kalali, Rathodvas, and Navinagari through Sahaj Foundation, reaching children who were struggling with fundamental literacy and numeracy skills.

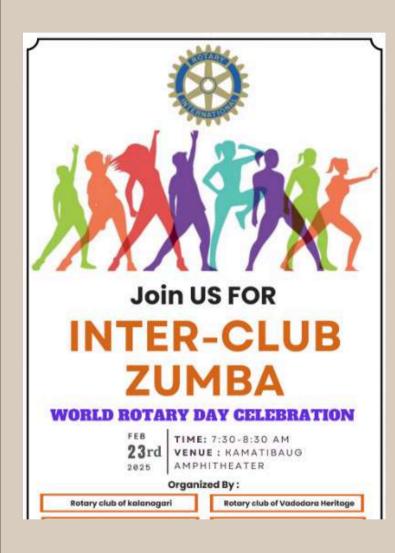
By providing these essential learning resources, the initiative aims to bridge educational gaps and support young learners in building a strong academic foundation, empowering them for a brighter future.



RCBS HAPPENINGS...

23rd February 2025

INTER-CLUB ZUMBA



On February 23rd, in celebration of World Rotary Day, we hosted an Inter-Club Zumba event that brought together enthusiastic Rotarians for a morning of fitness, fun, and fellowship.

The session, held from 7:30 AM to 8:30 AM, was a vibrant display of energy and enthusiasm as members danced their way to fitness. The lively beats and guided movements created an electrifying atmosphere, making the event both enjoyable and invigorating.

Following the session, participants gathered for tea and refreshments, where they engaged in warm conversations, strengthening the bonds of friendship and unity within the Rotary community.

A special mention to Rtn. Hitesh & Rtn. Krupa and Rtn. Dattesh & Ann. Nitu for their participation and enthusiasm, making the event even more special.

The Inter-Club Zumba was a true testament to the spirit of Rotary—promoting well-being, togetherness, and an active lifestyle. Looking forward to many more such engaging and uplifting events!

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RCBS HAPPENINGS...

23rd February 2025

INTER-CLUB ZUMBA







ROTARY INTERNATIONAL NEWS

Stephanie A. Urchick

President, Rotary International 2024-2025



Together, we can amplify our impact, inspire new generations of leaders, and build a brighter, more peaceful future

This month, as we come together for the international Assembly and the Presidential Peace Conference, we celebrate The Magic of Rotary — a unique blend of global connection, vision, and action that empowers us to create lasting change.

One of the most inspiring examples is our Rotary Peace Fellowship program, a cornerstone of Rotary's mission to build a more peaceful and just world. For more than 23 years, Rotary Peace Fellowships have been transforming communities. Our Rotary Peace Centres, hosted at leading universities around the globe, have educated over 1,800 fellows who now work in more than 140 countries.

These centres cultivate expertise in fields like conflict resolution, sustainable development, and peace building, preparing fellows to tackle some of the world's most pressing challenges. This program exemplifies how Rotary turns vision into action, creating a ripple effect of hope and change.

This month during the Presidential Peace Conference, we celebrate a significant milestone with the opening of our newest peace centre in Istanbul. This centre will focus on training leaders to address peacebuilding challenges in the Middle East and North Africa, further extending Rotary's impact.

Peace fellows are dedicated champions of transformation, addressing critical issues such as refugee resettlement, youth and women's empowerment, and reconciliation in conflict zones. Many founded vital organizations or hold leadership roles in governments, non governmental organizations, and international institutions like the United Nations and World Bank.

One inspiring story is that of Ntang Julius Meleng, a 2024 Rotary Peace Fellow at Makerere University in Uganda. Through his Social Change Initiative, Julius has worked to empower young people in Cameroon to take active roles in peace building and leadership.

ROTARY DISTRICT NEWS

His project provided training in conflict prevention, civic engagement, and leadership to youths and community officials in areas affected by conflict, equipping people to drive sustainable peace efforts. Julius harnessed Rotary's global network to overcome obstacles, including limited funding and security risks, and make a meaningful impact.

The Rotary Peace Fellowship gave Julius the tools and support to turn his vision into reality. His work embodies The Magic of Rotary — the transformative power of connecting people, sharing resources, and uniting for a common purpose. As we reflect on the achievements of our peace fellows and celebrate Rotary's enduring commitment to peace, let us also recognize the role that everyone in our network of 1.2 million members plays in creating magic through service.

Together, we can amplify our impact, inspire new generations of leaders, and build a brighter, more peaceful future.

Stephanie A. Urchick Rotary International President, 2024-2025



ROTARY DISTRICT NEWS

28th February 2025

The District Sports Committee organized an exciting sports event to foster camaraderie among Rotarians from various clubs.

As we all know, sports play a crucial role in building character and strengthening friendships in the shortest time. Hosted by the Rotary Club of Valsad, the event featured a variety of games, including table tennis, tennis, carrom, chess, badminton, box cricket, and swimming.

With over 120 participants from different clubs, the event was a grand success.

Representing our club, Rtn. Amit Srivastava and Rtn. Swapnali Dabke's husband, Suneet, participated in the badminton tournament.

We are thrilled to announce that Rtn. Amit Srivastava, alongside his partner Aarav Shah, emerged as the doubles badminton champion in this prestigious district event!

Congratulations and kudos to Amit Srivastava for this remarkable achievement! His dedication and sportsmanship truly made our club proud.

The event, Rotary Pratispardha, was meticulously organized by the district club in Valsad and successfully held in Daman, ensuring a fantastic experience for all participants.

Here's to many more victories and moments of celebration!





INTERACT CLUB OF BILLABONG HIGH INTERNATIONAL SCHOOL

14th February 2025

Spreading Love & Joy : Interact Club of BBHIS Celebrates Valentine's Day at Kadji Care

On February 14, 2025, the Interact Club of Billabong High International School celebrated Valentine's Day in the most heartfelt way—by sharing love, warmth, and companionship with the residents of Kadji Care, an old age home.

From the moment we arrived, the atmosphere was filled with joy. We handed out flowers and handmade cards, bringing bright smiles to their faces. A delightful cake-cutting ceremony added sweetness to the day, while a thumb painting activity became a beautiful symbol of connection, as young and old came together to express their bond through vibrant colors.

Music and laughter echoed through the room as we listened to the residents sing, exchanged stories, and captured precious memories. Their wisdom and warmth made the day even more special, reminding us that love isn't about grand gestures but about the small acts of kindness that leave a lasting impact.

This visit was a celebration of love in its purest form—ensuring that the elderly felt cherished, valued, and never alone. Through simple yet meaningful moments, we created a day filled with happiness, proving that love, when shared, multiplies.

INTERACT CLUB OF BILLABONG HIGH INTERNATIONAL SCHOOL

14th February 2025







ROTARACT CLUB OF VADODARA SAYAJINAGRI

Meditation & Pranayama Workshop 8th February 2025

Empowering Young Minds: Meditation & Pranayama Workshop at Sonar Kui School In a heartfelt initiative to promote mental well-being and emotional resilience, we organized a Meditation and Pranayama Workshop for underprivileged children on February 8th at Sonar Kui School. This session aimed to equip young minds with mindfulness and breathing techniques to help them manage stress, improve focus, and enhance overall well-being.

Led by Mrs. Rupal Pardeshi, the workshop introduced simple yet effective meditation and pranayama techniques through engaging and interactive activities. The children eagerly participated, learning how breath control and mindfulness could help them stay calm, focused, and positive in their daily lives.

The enthusiasm and curiosity of the participants made the session truly impactful. Volunteers and instructors ensured a safe, supportive, and nurturing environment, making this experience both enriching and enjoyable for all. Through this initiative, we took a step towards fostering emotional strength and inner peace in the lives of these young learners.





ROTARACT CLUB OF VADODARA SAYAJINAGRI

Clothes Donation 9th February 2025

In a heartwarming effort to give back to the community, we organized a Clothes Collection and Donation Drive on February 9th at VUDA Building, providing underprivileged individuals and families with access to essential clothing at nominal charges.

The event encouraged community members to donate gently used clothing, which was carefully sorted by size, season, and gender for easy distribution. Thanks to the generosity of local residents and volunteers, a wide range of clothing items reached those in need, ensuring warmth and comfort for many.

As part of our ongoing community service initiatives, dedicated volunteers managed the collection, sorting, and distribution, creating a seamless and welcoming experience for all. The drive was a resounding success, not only providing much-needed resources but also fostering a spirit of compassion and service.

This initiative marks just one of many future efforts aimed at uplifting and supporting the local community. Together, we continue to make a meaningful impact.





ROTARACT CLUB OF VADODARA SAYAJINAGRI

Oral Health & Hygiene 16th February 2025

On February 16th, we organized an Online Seminar on Oral Hygiene to raise awareness about the importance of maintaining good oral health and empowering individuals with essential knowledge for a healthier life.

The virtual session featured Dr. Hafiz Likhandwala, who provided valuable insights on daily oral care routines, the impact of diet on dental health, and the prevention of common dental issues. Participants actively engaged in discussions, asking questions and gaining practical tips on protecting their teeth and gums for long-term well-being. The seminar saw enthusiastic participation from individuals of all ages, including young adults and families, eager to improve their dental habits. This initiative was another step toward promoting community well-being through education and awareness, reinforcing the importance of oral hygiene in everyday life.







ROTARACT CLUB OF VADODARA SAYAJINAGRI

Breakfast Meet 22nd February 2025

The February Fellowship over breakfast was a delightful success, made even more special by the discovery of a hidden gem serving delicious sev-usal! Members came together for a relaxed and engaging morning, filled with meaningful conversations and camaraderie.

The gathering provided a fantastic opportunity to exchange ideas, discuss upcoming projects, and strengthen the club's bond. It fostered a spirit of collaboration, creativity, and commitment toward making a positive impact.

Everyone left feeling inspired, energized, and excited for the future. A heartfelt thank you to all who joined and contributed to making this event truly memorable!





SPECIALDAYS

Birthalays

- 01/03/25- Ann. Dr. Parul Shah
- 02/03/25- Rtn. Niketu Shah
- 06/03/25- Rtn. Brijesh Parikh
- 11/03/25- Rtn. Inder Matai
- 14/03/25- Rtn. Richi Choksi
- 20/03/25- Rtn. Nisha Amin
- 23/03/25- Rtn. Ajay Purandare
- 26/03/25- Ann. Archana Mishra
- 29/03/25- Rtn. Chirayu Kothari
- 30/03/25- Rtn. Birju Dixit

Anniversaries

- 14/03/25- Rtn. Jay & Ann. Prital Shah
- 15/03/25- Rtn. Dr. Jayesh & Ann. Mira Shah

Aponing Events

- 18/03/25- Closebody Meeting
- 23/03/25- Fellowship



AB KI BAAR SAB KA SAATH

Rtn. Hitesh Mali President Rotary Club of Baroda Sayajinagari

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